



news & views

Piedmont Crossing

GOING VIRAL

Panther Pride Takes Piedmont Crossing By Storm



Shortly after the Carolina Panthers won the NFC championship game, Piedmont Crossing employee Beth Rhodes captured a fun photo (above) of residents “dabbing” during their morning exercise routine. The move was made famous by Panther’s quarterback Cam Newton. “The residents gather on Mondays to talk about Sunday’s football games and especially like talking about the Panthers,” stated Rhodes. Once the photo was posted on Piedmont Crossing’s Facebook page, it quickly went viral.

ESPN, Sports Illustrated, Yahoo, ABC News in New York and other large media outlets shared the photo and story of the dabbing residents at Piedmont Crossing. With the national coverage, we accepted a challenge from a Denver retirement community. Days before the Super Bowl, the two communities had a “cheer off.” Via Skype, more than 100 residents gathered in a Panther-themed room to dab

and go through a series of cheers they learned. “Lean to the left. Lean to the right. Panthers. Panthers. Fight, fight, fight!” applauded the residents.

Piedmont Crossing resident Martha Johnson was thrilled about the pre-game party and all the excitement surrounding the Super Bowl. Martha said what surprised her most was when she got a call from her granddaughter in Georgia after the photo went viral. “I just couldn’t believe that people all around the country saw our photo. We were just having fun and supporting our home team,” said Johnson.

Although the Panthers did not win the Super Bowl, Piedmont Crossing residents were inspired by the journey and enjoyed every moment of living life to the fullest, Carolina-style!

SPIRITUAL CARE

Meeting the Needs of Those We Serve



For the past 30 years Piedmont Crossing has blended many faith traditions at our community to create an inspiring purpose-filled life for all. Our full-time Chaplain, Rev. Dr. Roland Cavanaugh, has a passion for providing ministry to older adults. The goal at Piedmont Crossing is to recognize and respect the variety of spiritual expressions and make every effort to help our residents practice their faith in their chosen way.

Spiritual Life programs at Piedmont Crossing include worship and Bible study classes, personal visits, counseling, and grief support. Piedmont Crossing has a meditation chapel and a place for congregational worship. In spring of 2016, Piedmont Crossing has plans to finalize a meditation garden complete with outdoor seating and a water fountain.

As the Easter holiday approaches, several residents are actively participating in the seven week Lenten educational series. Rev. Dr. Cavanaugh and other local ministers are sharing the biblical history relating to the 40 day Lenten season and are explaining why Christians around the world observe the time of preparation before Easter to pray, repent, fast, and give service to the community.

To learn more about spiritual life opportunities at Piedmont Crossing, call 336-474-3624.



**Resident Sarah Snell
and Director of
Spiritual Life Roland
Cavanaugh.**



welcome new residents

Max Garner

Thomasville, NC

Larry & Ailene Soule

Thomasville, NC

Charles Lyndon

Plain City, OH

Nancy Murr

Thomasville, NC

Gladys Hedrick

Lexington, NC

Lillian Poe

High Point, NC

Robert & Karen Pearson

Lexington, NC

John Cranford

Thomasville, NC

Richard O'Neal

Greensboro, NC

Don & Jane Osborne

Thomasville, NC

Treva Garner

Lexington, NC

DOLLAR-A-DAY BOYS

A Musical Tribute to the Civilian Conservation Corps

The Spin Man

Tuesday, March 8 at 2 pm



Whether you are a basketball fan or not, you will enjoy an afternoon with The Spin Man – Noel Brandon, a basketball handler extraordinaire. Some say he rivals the Harlem Globetrotters. See for yourself as he spins eleven

basketballs simultaneously and watch him balance a spinning basketball on an open umbrella, a pool cue while on his nose and much more.

Cottage Open House

Monday, March 14 at 2 pm

Spring is just around the corner and soon everything will be in full bloom! Learn about our spacious floor plans and maintenance-free lifestyle at Piedmont Crossing. Come see for yourself and reenergize your plans for the future.

Dollar-A-Day Boys: A Musical Tribute to the Civilian Conservation Corps

Friday, March 18 at 2 pm

Imagine being 17 years old during the Great Depression. Food is scarce and jobs non-existent. You hear about a new job works program created by the federal government that pays a dollar-a-day. Mr. Bill Jamerson will take you on a musical tribute back to the 1930s. Jamerson has produced a documentary, recorded a CD of songs, and wrote a historical novel on the Civilian Conservation Corps.

Aromatherapy/Essential Oils Education

Tuesday, March 29 at 2 pm

Blending essential oils is all about inhaling the right aromas for your good health! For those of you who are new to essential oils and aromatherapy, one of the best ways to begin creating personal fragrances is by experimenting with combining essential oils that you love from the very first inhale. Join us to learn more!

Breakfast for Your Brain

April 5, 7, 12 & 14 at 2 pm

Presented by Davidson County Senior Services



Four, two-hour, weekly sessions will focus on nutrition, how your brain works, humor, using visuals to stimulate, puzzles, optical illusions, creative art, left/right brain activities, listening as a brain enhancer, word games, and memory building exercises and more.

Health & Resource Fair

Wednesday, May 4 from 10 am-1 pm

Visit our informational booths on medical and non-medical in-home care, independent and assisted-living, medical supplies and services, legal and financial resources, different types of insurances, personal safety, and more! Plus free health screenings available, end-of-life planning, gardening, educational opportunities, fitness, and recreational programming. Don't miss it!

To register, please contact Blair White at 336.474.3605 or bwhite@uchas.org.



**PIEDMONT
CROSSING**
UNITED CHURCH
HOMES AND SERVICES

100 Hedrick Drive
Thomasville, NC 27360

www.piedmontcrossing.org

Non Profit Org.
US Postage
PAID
Thomasville, NC
Permit No. 23



Traveling I-85, take Exit 102 to Lake Road, turn East toward East Davidson High School; at first light take a right on Kendall Mill Road. Piedmont Crossing is 1/3 mile on the left.



PANTHER PRIDE AT PIEDMONT CROSSING

