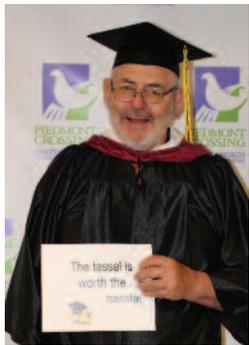


Piedmont Crossing news & views



RESIDENTS REACH THE PEAK



A graduation ceremony typically marks the beginning of life in “the real world.” For 14 Piedmont Crossing resident graduates, they already have more than a half-century of “real life” behind them but recently their excitement for lifelong learning earned them a certificate and ceremony that

celebrated their accomplishments.

In September 2018, Piedmont Crossing retirement community began to promote PEAK - Piedmont Enrichment and Knowledge, a series-based learning program designed to offer a variety of educational and intellectual opportunities. The nine-month long program touted author meet and greets, history presentations, unique outings, guest speakers, and musical performances. To earn a certificate, residents had to attend a minimum of 10 programs throughout the nine months. Residents that



met the graduation requirements were offered the opportunity to receive a PEAK certificate that honored their achievements.

At the recent PEAK graduation ceremony, planned by team members at Piedmont Crossing, the 14 PEAK graduates walked down the center aisle of the multi-purpose room to Pomp and Circumstance, delivered by pianist Carrie Ann Fulbright. As part of the ceremony, Piedmont Crossing Executive Director Doug Russell and the organization’s CEO and President Lee Syria spoke and gave commencement remarks. “We are extremely proud of the accomplishments of these 14 residents,” shared Lee. “They are setting the standard for lifelong learning and proving that older adults yearn to expand their knowledge.”

Family members of the graduates, both older and younger, came to celebrate the accomplishments of their loved ones. One resident graduate had three generations present - their son and dad were in the

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PEAK

Piedmont Enrichment and Knowledge Series

Egg-cellent times

The Gallery residents enjoyed hosting the Kids Only children for an egg hunt! Residents purchased 240 plastic eggs, filled them with goodies, and hid them. "I am not really sure who had more fun - the children or the residents," shared team member Charity DeJonge.



Keeping our minds sharp

Numerous residents took advantage of a complimentary program, brought to Piedmont Crossing by the Davidson County Senior Center, designed to stimulate the brain. Breakfast for Your Brain focused on nutrition, mechanisms of the brain, humor, and memory building activities.



Seniors helping seniors

Piedmont Crossing dietitian Caralee Mason organized a successful food drive in honor of National Nutrition Month. The goal was to raise awareness for food insecure seniors in our area. Residents and team members raised \$50 for Second Harvest and collected over 500 items.



Piedmont Crossing names Volunteers of the Year

Visiting residents in the health center, teaching fitness classes, assisting with events on campus and serving as a lunch buddy - these are just the start of what residents Tommy and Susan Sowers do for others. "This amazing couple always puts the needs of others first and sets a true example of service before self," shared Sherry Scott, Director of Resident Services. "They both enjoy helping and caring for others and are great about asking where we need assistance. The Piedmont Crossing leadership team thought the Sowers were the perfect choice for this year's award!"

Serving Others is what he does



Resident Don Hedrick has spent his life serving our nation and our nation's students. He served in the Army for 32 years, and retired as Colonel. Before his military career, Don earned his teaching degree from Catawba College and later taught at Davidson County Community College. Don still enjoys substitute teaching at local schools in Thomasville and has a particular interest in working with exceptional children.

audience. “I have always found joy in learning,” shared Christine Huckleberry, Piedmont Crossing resident and PEAK graduate. “PEAK gives us easy access to a variety of quality speakers and programs. I can’t wait to see what the next season of PEAK will offer!”

Class of 2018-2019 Piedmont Crossing PEAK graduates are: Dale Bennett, Dorann Edwards, Dot Elliot, Mavis Hall, Ed Heist, Jeff Hoffmann, Marcia Hoffmann, Christine Huckleberry, Bill Lopp, Fred McIntyre, Bob Pearson, Bobbi Rivers, Chuck Rivers, and Don Roha.

Spiritual Care

Meeting the needs of those we serve



welcome new residents

Lane & Lori Gilliam

Lexington, NC

Patricia Laster

Raleigh, NC

Nancy Miller

Lexington, NC

Charles Hoffmann

Cheshire, CT

Bobby Burns

Thomasville, NC

Robert Harrison

Charlotte, NC

Jacqueline Ammons

High Point, NC

Bill & Hazeleen Bowers

High Point, NC

Eugenia Holste

Harrisburg, NC

Nancy Smith

High Point, NC

For nearly 35 years Piedmont Crossing has blended many faith traditions at our community to create an inspiring purpose-filled life for all. The goal at Piedmont Crossing is to recognize and respect the variety of spiritual expressions and make every effort to help our residents practice their faith in their chosen way. Spiritual Life programs at Piedmont Crossing include worship and Bible study classes, interactive events, personal visits, counseling, along with grief and illness support. Piedmont Crossing has a chapel, meditation garden, and a larger place for congregational worship.



Our full-time Chaplain, Reverend Bob Symanski, has a passion for providing ministry to older adults. His outreach extends beyond the campus. Rev. Symanski has played an integral part of the UCC 3 Great Loves initiatives where he organized a successful book drive for children and held a cleaning supply campaign for those dealing with the aftermath from natural disasters. Rev. Symanski recently organized Holy week activities where he brought in singer and folk-theologian Ed

Kilbourne to provide entertainment and growth opportunities. To learn more about spiritual life opportunities at Piedmont Crossing, call 336-474-3624.



**PIEDMONT
CROSSING**
UNITED CHURCH
HOMES AND SERVICES

100 Hedrick Drive
Thomasville, NC 27360

www.piedmontcrossing.org

Non Profit Org.
US Postage
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Thomasville, NC
Permit No. 23



Traveling I-85, take Exit 102 to Lake Road, turn East toward East Davidson High School; at first light take a right on Kendall Mill Road. Piedmont Crossing is approximately 1/3 mile on the left.

UPCOMING EVENTS

To register, please contact Blair White at 336.474.3605 or bwhite@uchas.org.

FBI- America's Shield

Tuesday, June 4 at 2:00 pm



Join us on a journey through the history of the FBI and learn about the role of this gigantic and far-reaching agency in protecting the United States from threats within and outside of our borders. Now in its 111th year as the nation's premier law enforcement and investigative agency, the FBI is currently on the front lines in the fight against international terrorists.

Presenter and former FBI employee, Carl Shatley, will look inside the FBI and share how this agency protects us around the clock. Shatley holds a Master of Arts degree from Duke University in History and Bachelor of Arts in art from Greensboro College.



An Interview with Benedict Arnold – Hero or Traitor of The American Revolution?

Thursday, June 6 at 2:00 pm

Although his name became synonymous with traitor, Benedict Arnold believed himself to be a true Patriot to the end. Find out firsthand about his motives, experiences, and how his heroic actions saved the American Revolution. (Distance Learning)