

**2016 Older Adult Health Report Card  
Davidson County, North Carolina**

DOMAIN	INDICATOR	MEASURE	DAVIDSON COUNTY	NORTH CAROLINA	UNITED STATES
Socio-Economic Factors	Language	Older adults who speak English less than very well	0.9%	1.9%	8.5%
	Income	Older adults living below 100% poverty level	9.7%	9.9%	9.4%
		Older adults relying on food stamp/SNAP benefits	7.9%	9.8%	8.5%
		% of unemployed older adults (65-74 years)	5.1%	6.5%	6.4%
		Education	Older adults with a bachelor's degree or higher	11.4%	21.6%
	Affordable Housing	Older adult renters spending more than 30% of their income on housing	48.8%	49.7%	54.7%
		Older adult home owners spending more than 30% of their income on housing	23.7%	26.3%	27.8%
	Social Support	Older adults living alone	41.8%	43.2%	43.6%
		Most prevalent transition need cited by key informants: Providing caregiving services to aging parents <sup>a</sup>	69% of Key Informants	--	--
	Health Care Access	% of older adults without health insurance coverage	0.3%	0.6%	1.0%
		Older adults unable to receive care due to cost	13.4%	11.0%	9.7%
		Older adults receiving a routine checkup within the past year	90.9%	86.4%	81.1%
		Physician to population ratio	3,550:1	1,410:1	1,040:1*
		Mental health provider to population ratio	1,230:1	440:1	370:1*
		Dentist to population ratio	5,470:1	1,910:1	1,340:1*
		Most prevalent barrier to accessing care cited by key informants: Inability to pay out-of-pocket expenses <sup>b</sup>	92% of Key Informants	--	--
	Built Environment	Most needed resource in the community cited by key informants: free/low cost dental care <sup>c</sup>	69% of Key Informants	--	--
		Key informants that agree they live in an age-friendly community <sup>d</sup>	32% of Key Informants		
		Food access and insecurity (Ranking from 1 (worst) to 10 (best))	7.0	6.7	8.3*
		Recreation opportunities	79%	75%	91%*

● = Areas of Strength     
 ● = Areas of Moderate Need     
 ● = Areas of Greatest Need

\* Represents the 90th percentile across the nation

**2016 Older Adult Health Report Card  
Davidson County, North Carolina (Cont'd)**

DOMAIN	INDICATOR	MEASURE	DAVIDSON COUNTY	NORTH CAROLINA	UNITED STATES
Health Behaviors	Physical and Mental Health	Older adults reporting fair or poor health	35.7%	28.6%	26.2%
		Older adults limited in activity due to poor physical or mental health	32.0%	31.7%	32.3%
		Older adults with a disability	39.0%	37.7%	36.3%
		Overweight or obese older adults	67.1%	68.6%	68.0%
	Tobacco Use	Older adults who currently smoke	17.6%	14.2%	13.2%
	Preventative Screenings	Older adults who received a flu vaccine in the past year	60.0%	58.7%	52.0%
		Older adult women who had a breast exam/mammogram/Pap test in the past 2 years	82.3%; 87.1%; 47.2%	82.9%; 83.3%; 58.4%	79.7%; 80.9%; 55.5%
		Older adult men who had a PSA test in the past 2 years	84.1%	85.5%	82.4%
Older adults who had a sigmoid/colonoscopy in the past 2 years		39.6%	37.2%	38.9%	
Health Outcomes	Chronic Conditions	Older adults with arthritis	47.5%	48.1%	47.5%
		Total cancer incidence rate per 100,000 older adults	2,101.2	2,035.5	2,033.8
		Older adults with diabetes	19.5%	20.5%	19.6%
		Older adults with coronary heart disease	11.8%	10.1%	10.3%
		Older adults diagnosed with asthma who still have the condition	88.9%	71.7%	73.9%
		Older adults with COPD	13.0%	11.6%	10.7%
	Premature Death	Years of potential life lost (death before age 75) per 100,000 people	8,300	7,200	5,200*
	Death Rates	Total cancer mortality rates per 100,000 older adults	960.1	990.8	979.2
Alzheimer's death rate per 100,000 adults age 65 years and over		154.2	128.7	119.3	

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<sup>a</sup> Only 31% of key informants in Davidson County felt information on available services to support a life transition is easily accessible.

<sup>b</sup> Additional barriers included lack of transportation and the inability to navigate the health care system.

<sup>c</sup> Additional missing resources or services included free/low cost vision and medical care.

<sup>d</sup> Services or resources cited as missing included, affordable housing, affordable services to age in place, transportation, safe and well-maintained green spaces and walkways, intergenerational learning opportunities, and an effective communication system.