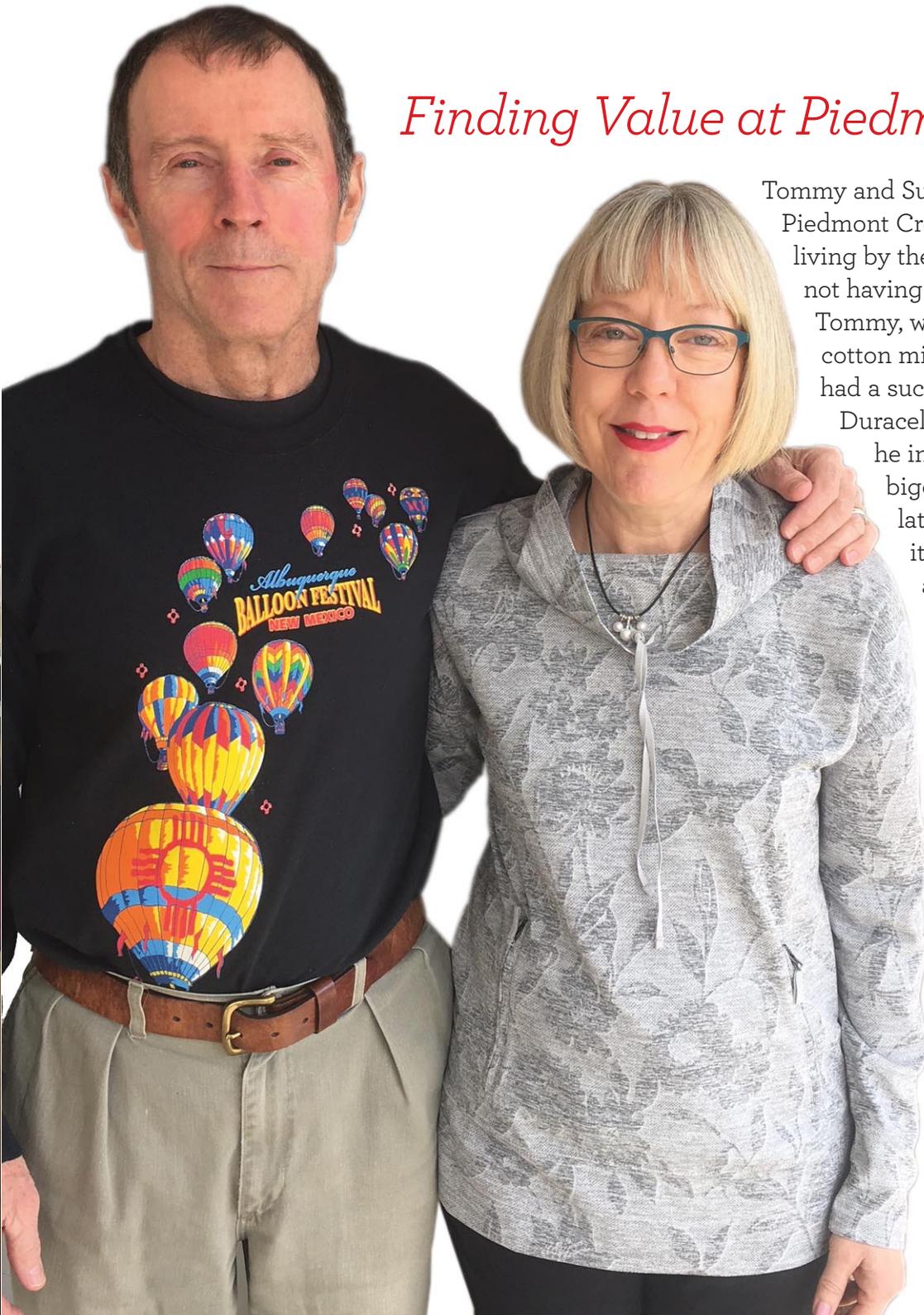




news & views

Piedmont Crossing

Finding Value at Piedmont Crossing



Tommy and Susan Sowers, residents at Piedmont Crossing, spent much of their lives living by the motto: “The greatest security is not having the most but needing the least.” Tommy, who grew up underprivileged in a cotton mill neighborhood in Thomasville, had a successful career as an electrician at Duracell. When his earnings increased, he initially felt pressure to purchase a bigger house and a bigger car. He later realized that materialistic items didn’t make him as happy as having financial security. Tommy met Susan at the Tom A. Finch YMCA in Thomasville. At that time, she held a demanding job that often required working up to 50 hours a week and being on call 24 hours a day. Once the couple began dating, they saw life in a much simpler way. Susan left her higher paying position for one with regular hours and less pay. The couple made every effort to save their dollars and live debt-free. Their free-time together was spent at the gym, local library or with family. When both of their parent’s health started to decline, they

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Rev. Bob Symanski

Director of Spiritual Life at Piedmont Crossing, Rev. Symanski, recently completed the Nollau Institute's year-long training program specifically designed to develop quality leaders. Named for a



19th-century German pastor, Rev. Louis Nollau, who founded several Council of Health and Human Service (CHHSM) Ministries, the Nollau Institute helps participants discern their calling as Diakonal ministers. The curriculum for this distinction is administered by CHHSM's Nollau Institute, a Cleveland-based organization related to the United Church of Christ denomination.

The hallmarks of Diakonal ministry are servant leadership, motivation, and engagement. Through retreats, site visits, online dialogue and peer mentoring, the program helps participants discover their vocation as leaders with the support of a community of practice. Much of the program involves internal reflection and emphasizes professional excellence with faith-based purpose.

"Through personal growth and development, the program allows participants to find the servant leader within themselves," shared Rev. Symanski, reflecting on the Nollau Leadership experience. "A servant leader puts people first and helps build a community that embraces that same philosophy. By working together, we are able to fulfill our mission and better the lives of those we serve and beyond."

Along with 18 classmates, Rev. Symanski was officially commissioned as a Diakonal Minister at the 2018 CHHSM Annual Meeting held in St. Louis, MO this March. Rev. Symanski joins several other leaders within the United Church Homes and Services organization to receive the Diakonal Minister designation. Bob is a graduate of the University of North Carolina at Chapel Hill and Duke Divinity School, and an ordained United Methodist Elder.



became the caregivers. Tommy and Susan, who have no children, decided at that point they wanted to make their own choices when it came time to think about growing older and the care they might need.

The Sowers looked at several living options to compare services, living arrangements, amenities, and costs. Their search led them to Piedmont Crossing. "Piedmont Crossing was so appealing because of the numerous housing choices and the fee-for-service structure. We completed a cost comparison sheet that had us compare costs at our current home versus that at Piedmont Crossing," shared Tommy. "The results of that cost comparison was obvious. There was no doubt that we were moving to Piedmont Crossing," laughed Susan. The Sowers chose a two bedroom apartment near the on-campus library and fitness center. With the comforts and securities of living at Piedmont Crossing, the couple is enjoying dining out, traveling, and being a part of a friendly neighborhood - all while embracing their cost-effective way of life.

To learn more Piedmont Crossing's financial advantages, call Blair at 336-474-3605.

welcome new residents

Gray & Flora Harris
Thomasville, NC

Tommy & Susan Sowers
Thomasville, NC

William & Morning Lopp
Erwin, NC

Helen Sweeney
Trenton, NJ

Austin Conrad
Thomasville, NC

Selma Schwartz
High Point, NC

Elizabeth Jarrett
Thomasville, NC

Lee Andrews, Jr.
Lexington, NC

Joe & Joyce Carpenter
High Point, NC

Maynard 'Al' Koehlke
High Point, NC

To register, please contact Blair White at 336.474.3605 or bwhite@uchas.org.

Breakfast for Your Brain

April 17 and 19 at 9:00 am

Presented by Davidson County Senior Services, both of these two-hour sessions focus on nutrition, how your brain works, humor, using visuals to stimulate – puzzles, optical illusions, creative art, left/right brain activities, listening as a brain enhancer, memory building exercises and more.

Spring Cookout

April 27 at 11:30 am

Spring is here! And at Piedmont Crossing, an active living community in Thomasville, flowers are budding, birds are chirping, and gardens will soon be planted. We invite you to join neighbors and friends for a Southern-style Cookout with all the fixings. We look forward to seeing you!

Wyatt Easterling in Concert

Tuesday, May 15 at 2:00 pm



In the creative community of Chapel Hill, NC, Wyatt was inspired by music in the coffeehouse scene and recorded his first album in 1981. His dream of becoming a folk singer and songwriter later took him to Nashville. The hit songwriter, producer, and performer is coming back to North Carolina to perform live at Piedmont Crossing.

Illusionist Caleb Sigmon LIVE

May 17 at 6:00 pm



Caleb Sigmon is an award winning Illusionist that is becoming a sought-after storyteller and speaker. He performs over 150 shows each year creating life-changing events by encouraging audiences to pursue their passions and chase their dreams. "I use magic as a door to share my story with others," shared Caleb. "Magic is real. It exists all around us. And to experience it, all you have to do is open your eyes." Prepare to be amazed!

Is Your Care Plan in Order? Advance Directives Presentation

May 29 at 2:00 pm

Piedmont Crossing will partner with Dr. Sue Auffinger, MD, CMD with Physicians Eldercare to offer a program on Advanced Directives. An advance health care directive is a legal document that tells your doctor your wishes about your health care. Do you have a living will? Health Care Power of Attorney? You have the right to control your medical treatment as long as you are mentally able to do so. Advanced directives are a way for you to give consent or appoint someone to make decisions for you if you cannot do so yourself.

Davidson Singers

May 31 at 6:30 pm

The Davidson Singers, comprised of 22 musicians and vocalists directed by Don Dycollff, are set to perform at Piedmont Crossing. The Davidson Singers are headquartered in Thomasville with members in and around the Davidson County and Triad region. Thomasville resident Tom Holladay is the founder and producer of The Davidson Singers. Don't miss this excellent evening of music and toe-tapping fun!

Explore Davidson County's Most Enduring Murder Mystery

June 26 at 2:00 pm



Christopher Yarbrough moved to Thomasville in 1995 and began hearing stories about a haunted elevator in Thomasville City Hall, previously First National Bank, and the unresolved disappearance and death of Thomasville Patrolman George Arnold Kemp. Yarbrough decided to research the incident and authored a novel, *In Summons to the Past*, exploring this historical crime based on a true story in Davidson County. "I did this for my love of history," shared Yarbrough. "And not only is this a fascinating case, it helped provide closure." Join us! Meet the author and learn about this historical case.



**PIEDMONT
CROSSING**
UNITED CHURCH
HOMES AND SERVICES

100 Hedrick Drive
Thomasville, NC 27360

www.piedmontcrossing.org

Non Profit Org.
US Postage
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Thomasville, NC
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Traveling I-85, take Exit 102 to Lake Road, turn East toward East Davidson High School; at first light take a right on Kendall Mill Road. Piedmont Crossing is 1/3 mile on the left.

Let the Choir Sing!

The weather is warming up and so are the residents in the Piedmont Choir, a choral group comprised of talented residents from Piedmont Crossing. Resident Marcia Williams, retired music teacher, plays the piano and directs the newly formed group. The Piedmont Choir rehearses weekly and sings during worship services held on campus. Members of the choir agree that music and singing makes them happy and has a positive effect on their overall wellbeing. The group is currently preparing for a larger concert in the coming months.